



## BACKING UP SAFELY

Most minor accidents occur when a driver is parking and backing, so this is no time to let up for even a second. These accidents are a result of the driver not spending the necessary time to complete the backing up process successfully. Backing is not easy but it is easy to become complacent. There are generally 3 reasons drivers have difficulty backing ... over steering, going too fast & improper setup. It takes patience, practice and good planning to safely execute most backing maneuvers. You are the one who has to evaluate your situation and make it happen ... *safely and accident free.*

### Safety Tips for Backing Up ~

- ❖ Eliminate as many distractions as possible. Turn off the radio, CB, phone, and get totally focused on the backing maneuver.
- ❖ Get out of the truck and check out the area you are backing in to. Look for obstructions building overhangs or low hanging wires. A complicated backing maneuver may require to get out and look several times.
- ❖ **GO SLOWLY.** Check the position of the tractor and trailer constantly. Also remember, the faster you are going the harder it is for you to compensate for over steering.
- ❖ Know your truck's blind spots and use your mirrors properly. You may have to adjust them several times for certain backing situations ... take the time to adjust them as required.
- ❖ Always roll down your window. This allows you to be able to look out the window if you need to and also allows you to hear if someone is yelling for you to stop or if someone is blowing their horn.
- ❖ Most importantly .... when in doubt the best word to remember is **GOAL** .... **Get – Out – And – Look**

**NOTICE**

**SAFETY IS OUR  
G.O.A.L.**



**GET OUT  
AND LOOK!**



*Scott  
Barker*

... is the lucky winner of the gift card this month for turning in his signed newsletter.

**Safe Driver  
Award Winners  
2017-2018**

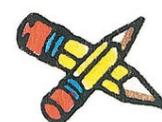


Dan Connour	Rod Prior
Eric Elliott	Wendell Roberts
Rob Fooockle	Kevin Straitiff
Rex Howard	Mike Unger
Phil Longcor	John Wright

I have read and understand the above information regarding "Backing Up Safely".

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date



**PLEASE  
SIGN  
AND  
RETURN.**