



Lane Change Crash Prevention

Once you're out on the road, making frequent lane changes naturally exposes you to an increased risk of a lane change crash. Staying in one lane as much as possible and being attentive to the traffic around your vehicle are key factors in preventing a lane change crash. Before making a lane change, ask yourself: Is it necessary? Is it safe? When you make a left-lane change, it affects all of the vehicles behind and around you. Keep the following lane change safety tips in mind

Signal Lane Change Intentions Well in Advance

- * In general, when making a lane change, truck drivers need to communicate with other motorists on the road by using their turn signal at least eight to ten seconds prior to making the lane change.
- * Once you have signaled your lane change, continually check blind spots before and during the lane change.

Maintain Proper Following Distance

- * Adhere to the minimum six second following distance rule – when the vehicle in front of you passes a fixed object (tree, sign, light pole, etc.), start counting the seconds until you reach the same object. The amount should never be less than six seconds.
- * You should also observe the posted speed limit, never exceeding this amount and stay in the right lane as much as possible.

Use Mirrors Properly

- * As part of every pre-trip inspection, a driver should adjust and clean all mirrors.
- * Make frequent quick glances to mirrors, so that you are aware of the traffic around you.

Be Attentive to the Road Ahead

- * Watch for slowing traffic ahead or hazards that would require an upcoming lane change; such as an accident, traffic congestion, a wide-load, emergency vehicles, etc.
- * Avoid distractions, such as cell phone, food, and looking at anything other than the road ahead.



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I have read and understand the above information regarding "LANE CHANGE CRASH PREVENTION".

Signature

Date

