



NIGHT DRIVING SAFETY

Daylight Savings Time ends Sunday, November 1ST, 2020.

DON'T FORGET to turn your clocks back 1 hour!

The time change means **LESS** daylight and when the sun sets, your risk of getting into a traffic collision rises. This makes Fall and Winter, with longer nights, more dangerous. While it's disconcerting knowing about your increased risks during nighttime driving, there are a number of steps you can take to improve your odds. Here are few ways to stay safe while driving in the darkness.



WATCH YOUR SPEED – the faster you are going, the longer it takes to come to a stop. The darkness dulls reaction times too, meaning that an emergency stop can take even longer at night. Keep more distance than usual between you and vehicles in front of you and take care to reduce your speed.

HEADLIGHT USE – remember to switch lights on when the sun begins to set and not after it's already dark. Twilight is a dangerous time on the road. Using the high beams to your benefit – though not when there's oncoming traffic – will make nighttime driving easier on your eyes and expand your sightline as well.

MAINTAIN YOUR LIGHTS – It's easy to forget that your lights also allow other drivers to see you. Maximize visibility for everyone by cleaning any dirt and grime off your headlights, signal lights and taillights. All lights should also be checked during every pre & post trip inspection to ensure they are working properly.

GET PLENTY OF REST - With the switch from daylight saving to standard time comes sleep deprivation for some, which means more drowsy drivers traveling on the road in the dark. That's why it's importance to get sufficient rest and do not drive if you are feeling tired and pay extra attention to your surroundings.



STAY ALERT FOR DEER - Deer collisions become more frequent this time of year due to deer migration & mating season, especially at dusk & dawn. Deer are herd animals, so if you see one, be aware there are probably more. If you think you're going to hit a deer, brake firmly but do not swerve out of your lane into on-coming traffic or off the shoulder into a ditch. If you do strike a deer & have damage to the truck, notify dispatch & follow accident protocol.


and the winner is...
J.R. Weedman

... he was randomly chosen as the winner of the gift card this month for turning in his signed newsletter.

Please be diligent about keeping your hands and truck clean. Remember to wear masks when appropriate and make sure to continue social distancing.

Everyone Stay Safe!



I have read and understand the above information regarding "NIGHT DRIVING SAFETY".

Signature

Date


HAPPY HALLOWEEN
